President’s Message

In the month of January, well known for declaring one’s resolve, it seems appropriate that my first correspondence include a resolution – to serve you with enthusiasm and commitment in the role of Division 54 president.

I would like to provide an update on two initiatives that I will be focusing on during my presidential year. The first relates to integrated health care. The topic is at the forefront of many conversations within our health care settings and is the key initiative for APA President, Dr. Barry Anton. As pediatric psychologists, many of us have careers that focus precisely on delivering integrated behavioral health care…or as our esteemed past president recently noted “now everyone wants to be a pediatric psychologist.” I think that this is an opportunity for us to collaborate with, and offer our expertise to, colleagues from a range of disciplines around the compelling topic of integrated behavioral health.

In 2014, Milliman, Inc. published a report commissioned by the American Psychiatric Association regarding the economic impact of Integrated Medical-Behavioral Healthcare for adults that highlighted the cost-saving implications for well-delivered integrated behavioral health care. But what about kids? To help answer this question, we recently joined an initiative with the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, the Society for Developmental and Behavioral Pediatrics, and Division 53 to commission a similar report regarding the economic impact of integrated medical behavioral health on children and adolescents. We are hopeful that a comparable document related to integrating behavioral health into the care of children will support the economic and clinical benefits of this approach. Creation of such a report may also help to coalesce cross-organization commitment to the issue and result in a tangible document that can be used to advocate with health care providers and insurers. In this enterprise, it is important for us to maintain our unique contribution as a discipline while at the same time supporting a common goal that benefits the care of children and families. From a developmental perspective, SPP has a well-defined identity, and we are prepared to enter into this relationship with others.

A second focus for 2015 is development of strategies to communicate information about who we are and what we do to other professionals and the public. The internet and social media have become primary information sources regarding child development and mental/behavioral health conditions in youth and families. One of our tasks for the year will be to develop and implement a plan to update our website making it easier to navigate and provide resource material for both our membership and families.

Together with our colleagues from divisions 7 (Developmental Psychology), 15 (Educational Psychology), 16 (School Psychology), 37 (Society for Child and Family Policy and Practice), 43 (Society for Family Psychology), and 53 (Society of Clinical Child and Adolescent Psychology), we received an APA Interdivisional Grant to collaborate on development of a science-based web resource center, the goal of which is to showcase the contributions of psychological science and provide links to other reliable and valid websites focused on promotion of healthy development, parenting, prevention, and evidence-based practice. Parents and professionals are interested in web-based materials and many look to the internet as a key source of information. This leads to multiple opportunities to share scientifically based information that may improve public understanding and action.

At the same time, there is a need to guide users in discriminating what is supported by science and understanding the distinctions between nuanced terms such as research-based, evidence-based, and scientifically supported. The need for access to reliable and valid information is critical for parents as well as professionals seeking information on mental/behavioral health conditions and effective treatments. The interdivisional grant will provide resources and opportunity for us to collaborate with our colleagues in divisions focused on the care of youth and families to develop such a web presence.

Thank you for the opportunity to serve. I look forward to a productive year for Division 54 and to seeing you in San Diego.
A number of psychosocial variables have been identified as key predictors of adolescent physical activity. However, current research methodologies are limited to these key predictors on the interval of weeks to months while the power of interventions using mobile technology (mHealth) lies in the ability to assess and intervene on the order of seconds to minutes. Consequently, there is a gap between the available science and the consumer marketplace, which has already begun developing mHealth tools with inadequate research support. The public health potential of the mHealth marketplace cannot be fully realized without basic science to inform consumer-facing interventions.

The proposed project will begin to fill this gap in the literature by utilizing a novel methodology for reliably and validly assessing moment-to-moment psychosocial, physiological, and behavioral variables that influence adolescent physical activity. One hundred participants will be recruited to answer ecological momentary assessment (EMA) surveys on a smartphone four times per day, wear a trunk-worn physiological monitoring system 12-hours per day, and a wrist-worn accelerometer 24-hours per day for 14-days. Once the factor structure of the EMA assessment is established, path analysis will be conducted to investigate hypothesized relationships between sleep, physical activity, and psychosocial variables.
Celia Lescano, Ph.D.

Celia Lescano received her Ph.D. in 1998 from the University of Florida Department of Clinical and Health Psychology. She went on to an internship at the University of Miami/Jackson Memorial Hospital and post-doctoral fellowship at Brown University, where she stayed on faculty until 2010. She is currently a research associate professor in the Department of Mental Health Law and Policy at the University of South Florida and the co-director of the USF Center for HIV Education and Research.

She has been a student or full member of SPP since 1992, having achieved Fellow status in 2014. Lescano was the inaugural SPP Member-At-Large for Diversity from 2010-2013 and has been active as a reviewer for student and faculty conference submissions and awards and as a long-standing member of SPP’s Diversity Committee. She serves on the Journal of Pediatric Psychology editorial board, most recently as a co-associate editor for a Special Issue on Diversity and Health Disparities and as a frequent reviewer for NIH. Her research interests are in the area of HIV prevention and health promotion among minority and underserved populations.

Candidate Statement

To put it simply, I love Pediatric Psychology. While it pain me to realize that I have been a member of this organization for 23 years (am I really that old?!), SPP has always been near and dear to my heart. I am completely honored and humbled to be nominated for this position.

I know that there are two very strong women who precede me and, should I be elected, I look forward to working with dry. Jelalian and Berry, learning from them, and continuing their vision for where SPP is headed. Both of them mentioned the “changing landscape of health care and reform” in their candidate statements and I have no doubt that this will continue to be a very important topic for our field for many years to come. As we elbow our way into these discussions and stick our feet in doors that are positioned to be closed on us, it is increasingly important for Pediatric Psychology to have a strong voice and to have a seat at the table.

My career has been dedicated to working for inclusion and fighting for those who are often not heard. I look forward to the possibility of being a voice for the future of Pediatric Psychology.

Scott Powers, Ph.D.

Scott Powers is a professor of pediatrics at the University of Cincinnati College of Medicine and staff psychologist at Cincinnati Children’s Hospital. He received his Ph.D. from the University of Alabama and completed internship and fellowship training at Brown University.

Powers is a Division 54 fellow, has served as SPP’s APA convention program chair (2002) and on the Journal of Pediatric Psychology editorial board, and was honored by SPP with the Martin P. Levin Mentorship Award (2011) and Logan Wright Distinguished Research Award (2013).

Powers is a clinician, scientist, mentor, and research administrator. He developed programs in Cincinnati dedicated to the integration of clinical care, research, and training (Center for Child Behavior and Nutrition Research and Training; The Headache Center). He has earned over $25 million in NIH and foundation grants, published over 135 articles, and served on numerous grant review panels. He is a mentor to graduate students, residents, fellows, and early-career faculty in psychology and pediatrics. Currently, he is director of the Clinical and Translational Research for the Cincinnati Children’s Research Foundation, a CCRF endowed chair, and member of the Strategic Advisory Committee for the Department of Pediatrics.

Candidate Statement

It is indeed an honor to be nominated for the position of APA Division 54 president. Our Society has been a home to me since I was a graduate student and continues to be such a wonderful and welcoming group of professionals. To me, this is such an exciting time to be a pediatric psychologist because of the collective potential of the clinicians, educators, researchers, advocates, and students who are members of SPP.

I believe the future has no limits for our field and that our Society is making a meaningful, positive impact on child health. The idea of helping to lead our organization along with such a talented group of colleagues and friends is energizing and also humbling. Some of the goals I would like to advance if elected to this position include: development of pediatric psychologists as vital members and leaders of team science groups, accelerating the translation of evidence into practice, and advocating for the rights of children to have access to the most effective treatments available.

Most of all, I think our highest priority is mentoring and helping students and early-career colleagues succeed with their goals and become the leaders of tomorrow. I would very much appreciate your support.
Christine Chambers, Ph.D.

Christine Chambers is a clinical psychologist and professor in the departments of Pediatrics and Psychology & Neuroscience at Dalhousie University in Halifax, Nova Scotia.

Her research lab, based in the Centre for Pediatric Pain Research, IWK Health Centre, examines developmental, psychological, and social influences on children’s pain, with a focus on family factors in pediatric pain and using social media to mobilize evidence-based information about children’s pain to parents.

Candidate Statement

I am delighted to be nominated for the position of Secretary for the Society of Pediatric Psychology. My past experiences in SPP leadership roles have been very rewarding. I am excited to hopefully have the opportunity to be a part of realizing SPP’s current goals as well as developing new initiatives and projects.

I feel like I “grew up” in SPP, having been a member since I first joined as an undergraduate student over 20 years ago. I recall waiting with great excitement for the next issues of the Journal of Pediatric Psychology or Progress Notes to arrive in the mail. And I still look forward to the arrival of these items (now via e-mail!). I bring a breadth and depth of research, clinical, service, and advocacy experiences in pediatric psychology. My prior involvement in SPP reflects my enthusiasm and commitment to this organization. This includes my role as an elected Member at Large in charge of Membership on the SPP Board (2009-2011), during which time I executed a very successful member survey and developed new strategies for SPP member recruitment, engagement, and retention.

I have also participated in SPP in many other ways, including serving as Program Chair for Division 54 at the Annual Convention of APA (2002-2003), participating on various task forces and committees (e.g., fellows committee, international committee), reviewing for various SPP grants, awards and conference submissions, writing a number of newsletter articles, and creating an SPP fact sheet on procedure pain in children.

To this position, I bring my leadership skills, strengthened through my recent participation in APA’s Leadership Institute for Women in Psychology, as well as my organizational, detail-oriented, and time management strengths, and a collaborative and collegial spirit (not to mention fast and furious typing skills!). It has been wonderful, both personally and professionally, to be a member of SPP and I look forward to the opportunity to provide additional leadership. Thank you for your consideration.

Cynthia Gerhardt, Ph.D.

Cynthia A. Gerhardt, Ph.D. is an associate professor at The Ohio State University (OSU), a pediatric psychologist at Nationwide Children’s Hospital (NCH), and a principal investigator at the NCH Research Institute. She received her undergraduate degree from OSU and her Ph.D. from the University of Vermont. She completed her internship and fellowship at Cincinnati Children’s Hospital Medical Center.

Gerhardt’s research focuses on risk and resilience factors associated with family adjustment to bereavement and childhood illnesses, such as cancer. Gerhardt has over 85 publications and has had continuous NIH and foundation funding for over 15 years.

Gerhardt is actively involved in leadership and training at NCH as director of the Center for Biobehavioral Health, co-director of Clinical Research Resources for the OSU CTSA, and co-director for the Pediatric Research Fellowship Program. Gerhardt is a member of the Journal of Pediatric Psychology’s editorial board, the JPP Mentorship Program, the SPP Mentorship Program, and the SPP Hematology/Oncology SIG. She also chaired the 2005 Regional Conference on Child Health Program Committee.

Candidate Statement

I am delighted to be nominated for SPP secretary and welcome the opportunity to make a meaningful contribution to our Division. SPP has always been my professional home, and I have enjoyed being part of the tremendous growth in our field. I am committed to service and believe it is important that we promote the value of pediatric psychologists worldwide.

Organizational skill, effective writing, attention to detail, and the ability to work collaboratively with others are integral to the duties of SPP secretary. Given my years as a clinician, teacher, and researcher, I am confident in my ability to succeed in this role. I have also been an active participant in the APA Leadership Institute for Women in Psychology, as well as various leadership roles in my institution. Thus, I enjoy the prospect of working with my colleagues on the Board of Directors to fulfill our Division’s mission.

I am pleased to have an opportunity to contribute to SPP and the future of our field. It has been particularly rewarding to serve as a mentor for so many new and accomplished members of SPP during my career. I hope I can continue to make a sustained and positive impact through my service to the organization.

Thank you for your consideration and support. I would be truly honored to serve you as SPP secretary.
Kimberly Driscoll, Ph.D.

Kimberly Driscoll is an assistant professor in the Department of Behavioral Sciences and Social Medicine at Florida State University College of Medicine where she specializes in the assessment and treatment of children with diabetes. She serves as the associate director of Florida State University’s Psychology Clinic where she provides administrative oversight and supervises clinical psychology graduate students. She also sees children and their families in a private practice setting.

Driscoll’s primary research interests involve adherence to medical treatment regimens, with a focus on using technology to optimize adherence and health outcomes in type 1 diabetes. She received an NIH K23 Career Development Award aimed at providing longitudinal intervention to improve insulin pump adherence among adolescents.

In addition, she served a three-year term as a member of the Division 38 (Health Psychology) Research Council.

Candidate Statement

Thank you for your consideration as the next Division 54 APA Council Representative. I am an early-career psychologist who successfully balances direct clinical care of patients with a patient-oriented program of research that occurs in private practice pediatricians’ offices; therefore, I have a unique perspective about the needs of pediatric psychologists. In addition, I understand and appreciate the challenges that my mentors have encountered and learned first hand about APA governance (and politics) from my colleagues.

Pediatric psychologists face many challenges as 21st-century health care continues to evolve, and I believe that I possess several characteristics that will serve Division 54 well if I am elected as your APA Council Representative, including effective listening and communication skills, being a team player, and understanding both the clinical and research aspects of our field, which are essential to advancing the Division 54’s mission.

Again, thank you for your consideration.

Anne E. Kazak, Ph.D.

Anne Kazak is co-director of the Nemours Center for Healthcare Delivery Science and professor of pediatrics at Thomas Jefferson University and the University of Pennsylvania. She is the current Society of Pediatric Psychology (SPP) historian and has served as SPP president in 2006. Kazak is a former editor of the Journal of Pediatric Psychology and the Journal of Family Psychology and is the current editor-in-chief of Health Psychology. She received the Nicholas and Dorothy Cummings American Psychological Foundation PSYCHE Award in recognition of her work facilitating integrated care.

Kazak received her A.B. from Smith College, her Ph.D. from the University of Virginia, and interned at Yale University School of Medicine. She started her career as faculty at Temple University’s Clinical Psychology Program and spent 26 years at the Children’s Hospital of Philadelphia (CHOP) where she held a number of positions, including director of Psychosocial Services in Oncology and director of the Department of Psychology.

Candidate Statement

Pediatric psychologists have much to contribute at this time of change and uncertainty in healthcare. We are well versed in the issues related to collaborative and integrated care. Our research addresses clinically relevant questions and the translation of our science to practice is ingrained in our training and practice settings. Pediatric psychologists also hold important leadership positions. It is essential that our voices continue to be heard in broader APA communities.

Although SPP has grown and is a financially viable entity with a distinct identity, we have much to gain from ongoing advocacy and collaboration with our colleagues from other fields of psychology and must continue to seek ways of building and expanding these connections.

I would be honored to serve SPP as APA Council Representative. I have served in other capacities at APA, including as co-chair of the Task Force on the Patient-Centered Medical Home and chair of the Task Force on Evidence-Based Care for Children and Adolescents. I am well prepared to advocate for SPP. In doing so, I will be guided by my ongoing commitment to understanding how children and families cope and adjust to medically demanding situations and maintain their health and wellbeing. As a profession we need to grow our research evidence base, translate it to clinical care, and mentor and support future generations of psychologists. Thank you for your consideration.
Member at Large — Diversity

Roger Harrison, Ph.D.

Roger Harrison is a pediatric psychologist with Nemours Alfred I duPont Hospital for Children in Wilmington, Delaware, and clinical assistant professor of pediatrics at Sidney Kimmel College of Medicine at Thomas Jefferson University. He received his Ph.D. in clinical psychology from Brigham Young University and completed internship and post-doctoral fellowship at A.I. duPont Hospital for Children.

Harrison provides psychological services to patients and consultation to primary care providers in the pediatric primary care clinics affiliated with A.I. duPont Hospital. He supervises and trains graduate externs, pre-doctoral interns and postdoctoral fellows. A dedicated clinician, he directs the ADHD Consultation Clinic, a diagnostic evaluation program for Attention Deficit Hyperactivity Disorder (ADHD) at A.I. duPont Hospital and runs the Parent Child Conduct Clinic, a parent and child group therapy program offered to families of children with behavioral and/or attention concerns.

Harrison enjoys lecturing and offering presentations to various medical and allied health professionals, medical residents, teachers, parents and students on various topics, including behavior management, ADHD and executive functioning, learning disabilities, anxiety, and depression.

Candidate Statement

I t is a true honor to be nominated for the SPP Member at Large for Diversity position. As a clinician working with diverse clinic populations, a faculty psychologist training clinicians to be culturally sensitive and aware, and a person of color in an exciting sub-speciality of psychology, I feel energized by the opportunity to assist in growing SPP’s efforts to promote sensitivity to diversity among the populations we serve, as well as within our institutions and within the ranks of pediatric psychologists.

The face of America is rapidly changing. We will be well served by ensuring that our field reflects our nation’s diversity in our clinics, labs, universities, and positions of leadership. If elected, I will strive to coordinate with all motivated parties working toward a goal of increasing cultural sensitivity and diversity awareness in pediatric psychology. I am also excited to develop or expand outreach programs to diverse student groups beginning at the undergraduate level, increasing awareness of and interest in pediatric psychology, in order to increase the diversity of our pool of graduate students and trainees.

I look forward to this opportunity and thank you for your support!

Jessica Marie Valenzuela, Ph.D.

Jessica Valenzuela is a pediatric psychologist and faculty at Nova Southeastern University. She completed her internship at the Children’s Hospital of Philadelphia and a NIH-funded fellowship at the Cincinnati Children’s Hospital Medical Center. Prior to joining NSU, she was a member of the faculty in the University of Cincinnati’s Clinical and Translational Science and Training Community Engagement Core.

Valenzuela is a NIH NRSA minority fellow for her research examining prescription practices in minority youth with diabetes. She has published and presented on her work related to underserved minority youth diagnosed with diabetes, HIV, sickle cell disease, and obesity. Her current research focuses on health disparities and community-based participatory research paradigms. She is active in training doctoral students in the Child and Health Concentrations at NSU through her courses and seminars, clinical supervision, and research mentorship.

Valenzuela has been a member of the Division 54 Diversity Committee since 2008 and has served as the Diversity SIG Chair since 2012. She has also served for several years as a reviewer for the Diversity Research Grant, and currently serves on the editorial board for CPPP.

Candidate Statement

I am honored to be nominated for the Member at Large for Diversity position. Since early in my career, I have been passionate about addressing the needs of children and families with minority status through research, clinical service, and training.

Over the past seven years, I have enjoyed working with the last three Members at Large for Diversity, first as a member of the Diversity Committee and then as chair for the Diversity SIG. In these roles, I have enjoyed participating in initiatives including the introduction of the Division 54 Diversity Research Grant, the development of our Diversity SIG, and the creation of a platform for sharing evidence-based resources related to diversity within our membership. It has been exciting to be part of these endeavors, and I would look forward to continuing to this tradition by promoting issues related to diversity, broadly defined, within the Division.

If elected, it would be my pleasure to work with the Board (as well as our Committee and SIG) to continue advocating for the interests of underrepresented pediatric psychologists and their work with underserved minority populations. I feel well qualified in this capacity, given my longstanding participation in the Diversity Committee and advocacy in my own center and university. I appreciate your support and would be excited to serve in this role.
Candidate Statement

It is an honor to be nominated for the Member-at-Large position for Student/Trainee Development representing Division 54. As a pediatric psychologist, Division 54 has been my home since my training. I have made training and mentorship a cornerstone of my career. My role as Associate Training Director at Children’s National has afforded me the opportunity to oversee training at all levels and made me aware of our field’s strengths and challenges. I believe this makes me well suited to this position. I believe that we can learn from our own successes in certain areas and extend their reach to training. For example, pediatric psychologists are moving towards increasing use of mhealth tools for patient care. There is also potential in using similar tools to provide education opportunities for trainees in pediatric psychology to learn new techniques from experts, regardless of physical location. Such opportunities may include free or reduced cost webinars, training videos, or resource banks that trainees and early career psychologists can access. These could provide psychologists with the ability to enhance their skills in a variety of treatment approaches.

I would like to enhance mentorship programs at all levels of training to provide practical support to psychologists and psychologists-in-training with regards to applications to graduate programs, matching with clinical internships, program development, grant writing, the business side of setting up a practice, and the use of technology in practice and research, to name a few.

I believe I have the experience and enthusiasm to serve as Division 54’s Member-at-Large for Student/Trainee Development. I look forward to having the opportunity to serve the Division and will work hard to represent pediatric psychology in the push to provide ever better training and mentorship for each generation of pediatric psychologists.
Making the Most of SPP Student Opportunities

By Jackie Lennon, M.A.

I have a great appreciation for SPP’s impressive commitment to student/trainee development. Students and trainees recognize this commitment and are equally dedicated to SPP’s growth and success. As we proceed through another year, here is a review of the many student opportunities SPP offers to develop ourselves as leaders in pediatric psychology.

Attend the Annual Conference in San Diego

Attending SPPAC offers numerous opportunities for students to develop their professional identity as pediatric psychologists. Be sure to attend the symposium featuring outstanding student papers. The Student Advisory Board (SAB) will host the annual Mentoring Luncheon, allowing students and trainees to have lunch with distinguished professionals in the field, providing opportunities for mentoring and networking. The SAB will also host a student social, which includes a pediatric psychology trivia contest, as well as networking and socializing. Also, new this year, SPPAC will have its own Twitter ‘hashtag’ for attendees to live Tweet and share their experiences. Visit with SAB members and watch your email for additional information.

Attend the APA Convention in Toronto

Benefits to attending the APA Convention include engaging in collaborative programming with other APA divisions. It also offers unique student programing opportunities, as well as opportunities for professional development and networking.

Apply for the Student Advisory Board

The SAB is an excellent opportunity for students to build leadership experience in SPP. We are looking to replace hardworking members from the Membership, Student Spotlight/Website, and Programming committees. As an SAB member, you will have the opportunity to serve on committees, write formal proposals to the Board of Directors, and contribute ideas to help keep SPP a strong division for students. See the call for applications in this issue for more information on how to apply.

Additional Student Opportunities

Check out SPP’s website for more information on the following student opportunities:

- Network of Campus Representatives Serve as a campus representative and help promote pediatric psychology within your program, university, and community.

- Mentorship Program Connect with members who share your interests and receive mentorship at a distance from someone who is not your primary mentor.

- JPP Mentoring Program for Junior Reviewers Learn about the peer-review process and how to conduct quality reviews through mentorship from a Journal of Pediatric Psychology reviewer.

- Special Interest Groups (SIGs) Network with others who share your specific interests. Many SIGs have student leadership opportunities and welcome student participation and contributions.

- Student Awards Apply for: Student Poster, Travel, Diversity Poster, Research, Spotlight, and the C. Eugene Walker Education Awards.

- Student Grants Apply for the Routh Student Research Grant, the Mary Jo Kupst Trainee Grant for Research in Resilience, the Diversity Research Grant, and the Lizette Peterson-Homer Injury Prevention Grant.

Please contact me with questions and comments at SPP.StudentRep@gmail.com.
Student Grants

Marion and Donald Routh Student Research Grant

SPP has established an annual research scholar grant program for student members (post-doc fellows are not eligible). Research proposals should address areas consistent with the field of pediatric psychology. Topic examples might include relationships between psychological and physical well-being of children and adolescents, including behavioral and emotional components of disease and treatment, the role of pediatric psychology in pediatric medical settings, or the promotion of health and the prevention of illness among children and youth.

Funding is available up to $5,000.

Mary Jo Kupst Trainee Grant for Research in Resilience

This grant, honoring Mary Jo Kupst, was designed to help facilitate trainee research that will provide a novel contribution and advance the field of pediatric psychology specifically in the area of resilience and/or family functioning.

Funding is available up to $1,000.

Lizette Peterson-Homer Injury Prevention Grant

This grant, open to students and faculty, provides support for research related to the prevention of injuries in children and adolescents. It is jointly sponsored by APA Division 54 and the American Psychological Foundation (www.apa.org/apf/).

Funding is available up to $5,000.

Student Awards

Student Research Award Competition

SPP encourages and rewards quality research on issues related to pediatric psychology and health care of children. All research must have been completed while the candidate was a student. The student must be the primary (first) author.

An award of $1,000 is available.

Submit applications as one complete PDF document by Oct. 1, 2015 to:

David M. Janicke, Ph.D.
Email: djanicke@phhp.ufl.edu

For more information, visit www.apadivisions.org/division-54

2014 Student Grants and Research Award Winners

Routh Student Research Grant

Winner: Meghan Schinkel
Dalhousie University
“Siblings of Children and Adolescents with Chronic Pain”
Mentor: Christine Chambers, Ph.D.

Runner Up:
Jill Plevinsky
Rosalind Franklin University
“Issues in Emerging Adults with Inflammatory Bowel Diseases Before and After the First Semester of College”
Mentor: Rachel Greenley, Ph.D.

Mary Jo Kupst Grant for Research in Resilience

Winner: Stephanie Hullman
Indiana University
“Goal Disengagement and Reengagement as Risk and Protective Factors in Adolescents and Young Adult Survivors of Pediatric Cancer”
Mentor: Sheri Robb, Ph.D. and Kevin Rand, Ph.D.

Lizette Peterson-Homer Injury Prevention Grant

Winner: Alvina Rosales, Ph.D.
Univ of California, Irvine
“Preoperative Anxiety Among Latino Youth”
Mentor: Michelle Fortier, Ph.D.

Winner: Haley Johnson
University of Alabama Birmingham
“Understanding and Preventing Motor Vehicle Crashes around Social and Non-social Hazards Among Adolescent Drivers with Autism Spectrum Disorders”
Mentor: Despina Stavrinos, Ph.D.
Behind the Awards

Ralph M. Gibson, Ph.D. — A Pioneer in Pediatric Psychology
By Anne E Kazak, Ph.D., Society of Pediatric Psychology Historian

Who were the earliest practicing pediatric psychologists, those whose interests and professional opportunities brought them into pediatric departments during the earliest years of pediatric psychology in the 1960s? An obituary in the American Psychologist for Ralph Gibson, Ph.D. (Gibson, 2002) described an early leader in pediatric psychology.

“Ralph Gibson was a pioneer. He was the first African-American member of the Board in Control of Intercollegiate Athletes and the first African American full Professor at the University of Michigan Medical School. Under his leadership, the first pediatric psychology section in a department of pediatrics was established. In 1965, he was appointed head of the Pediatric Psychology Unit at the University of Michigan Medical School” (p. 727).

Another obituary, in the University of Michigan (The University Record, 7/9/01) detailed additional accomplishments and positions Dr. Gibson held, including Assistant Dean for Student Affairs in the Medical School, many University Awards and appointment to the National Advisory Child Health and Development Council of the National Institutes of Health. The Ralph M. Gibson Award at the University of Michigan honors him and is presented each year at Commencement to a senior medical student who possesses Gibson’s qualities and “has a dedication to addressing the health disparities experienced by minority and disadvantaged populations in the United States.” www.med.umich.edu/medschool/osp/grad_awards.htm.

Gibson was a leader in pediatric psychology at a major medical school at a time when most pediatric psychologists were forging their initial contacts and collaborations with pediatricians and around the time that the early formative papers about pediatric psychology (e.g., Kagan, 1965; Wright, 1967) were published. He spent his entire career at Michigan (B.S. 1945; M.S. 1947; Ph.D., 1959) and headed one of the first pediatric psychology programs in a Department of Pediatrics, recognized in the University of Michigan Faculty History Project by the following quote: “Under his direction, pediatric psychology services began to have a major impact on patient care.” (University of Michigan Faculty Research Project).

Gibson’s son John spoke about his father’s passion and commitment to children, his focus on clinical care, and his particular interest in blind infants (J. Gibson, personal communication, November 20, 2014). He indicated that his father’s interest in pediatric psychology likely developed from his early work in child welfare in Cleveland. At Michigan he worked clinically with children with a wide range of birth defects and focused particularly on infants and young children. He also collaborated with child psychoanalyst Selma Fraiberg and published a detailed developmental study of search behavior in a blind infant (Fraiberg, Siegel, & Gibson, 1966).

John Gibson also provided a letter written by Edward M. Schwartz, Ph.D., a mentee and a long time colleague of Ralph Gibson’s at Michigan, to the Gibson family (including Dr. Gibson’s widow Rose and his eldest son Ralph Jr.) in 2002. He reflects warmly on Dr. Gibson’s teaching and mentoring, “I can say with some degree of pride, however, that Ralph’s clinical skills live on. I have had the pleasure and honor of teaching and passing along the ‘Ralph Gibson Approach’ to scores of would-be child psychologists over the years in Pediatrics. No doubt, then, his spirit lives on in many hospitals, clinical and practices although I must admit that I believe no one will ever be as adept as Ralph in having such a large impact in the lives of troubled children within a remarkably short period of time.”

A former colleague at Michigan, Oscar Barbarin, Ph.D., who was in the School of Social Work at Michigan from 1979-2001 wrote, “He had a sterling reputation as a clinician. He was especially well known and highly sought after for his effectiveness as a child therapist but was unassuming. My personal impression is that he was a kind, gentle and humble man who at the same time exuded great energy and optimism. He was generous with his time toward younger scholars/clinicians.” (Barbarin, personal communication, June 4, 2014). Eileen Mollen, Ph.D., who was mentored by Gibson concurs, “Ralph was generous with support and advocacy for me personally, and for medical students and residents. He was invested in the success of others.” (Mollen, personal communication, December 8, 2014).

Dr. Gibson was indeed a pioneer in pediatric psychology who practiced in a thoughtful and innovative manner at a time when the field was in the earliest stages of defining itself. His establishment of a pediatric psychology program in a Department of Pediatrics was remarkable and is significant in our history.

References

Author Note I wish to thank John S. Gibson for talking with me about his father and providing additional documents about Dr. Gibson. I also thank Michael Roberts, Ph.D. for his assistance in developing this article and to David Sandberg, Ph.D., Director of the Division of Child Behavioral Health in the Department of Pediatrics at the University of Michigan for assistance in conducting background research. Correspondence regarding this article should be sent to anne.kazak@nemours.org.
Learning About the Cuban Health Care System

By Nabil Hassan El-Ghoroury, Ph.D.

I visited Cuba with an APA group that attended the VII Conferencia Internacional de Psicología de la Salud (VII International Conference on Health Psychology), sponsored by La Sociedad Cubana de Psicología de la Salud (Cuban Society for Health Psychology). This trip was one month prior to the recent announcement that the United States and Cuba would normalize relations. American citizens may visit Cuba on organized tours for educational purposes, such as this conference. As part of our trip, we met with psychologists from the Ministry of Health, visited local primary care clinics, and toured a developmental center for children and adults with developmental disabilities, in addition to attending the conference. Most of what I am describing here is from what we learned outside of the conference.

Division 54 members would be most interested in learning about Cuba’s primary care medical system. Given its limited resources (Cuban currency is not accepted outside of Cuba and the US embargo has had a significant impact on the Cuban economy), Cuba has placed a significant amount of its health care resources into prevention. Cuba has 67.2 physicians per 10,000 residents, higher than the United States (24.2; WHO, 2014). A primary care office with a physician and a nurse is embedded in the community for approximately every 1,000 residents. What this means is that there is a medical office every 2 blocks or so in densely populated areas such as Havana, but more spread out in rural communities. For every 40 of these offices there is a Polyclinic, which is a medical clinic with specialties such as dentistry, rehabilitation, physical therapy, and other services. If there is a need for greater medical care, there are general and specialty hospitals.

Where is psychology in Cuba’s primary care system? Psychology is integrated with medicine, from training to the doctor’s office and Polyclinic. Psychology is taught in all Cuban medical schools alongside medicine. In the medical schools, the psychology major is health psychology. The medical system was designed in the 1960s with psychology included from the beginning. A psychologist is assigned to every doctor’s office (psychologists may be responsible for several clinics and rotate between them). In addition, psychologists are located at each Polyclinic and the larger hospitals/specialty institutes. Finally, psychologists are represented among the leadership of medical schools and in the Ministry of Health. As a result of this integration, there are few problems between psychology and medicine (unlike the United States).

Given its focus on prevention, the Cuban medical system emphasizes maternal child health. Prenatal care is easily accessible through the community clinics and universal coverage. Psychologists train mothers about parent-child interactions, and follow high-risk pregnancies to identify any developmental delays early (Dominguez, 2010). These efforts have been successful in a number of ways, as infant mortality in Cuba (at 5 per 1,000 births in 2013) is lower than the United States (6 per 1,000; World Health Organization, 2014). One important difference in the professional practice of psychology is the level of training. The United States is one of two countries that requires the doctorate to practice psychology. In Cuba, the degree to practice psychology is the licienciatura, which is a five-year degree that is similar to the European model of training in psychology (Bernal, 1985). The training is focused on psychology (not like a U.S. bachelor’s degree with general education requirements), so there is a lot of psychology training, coursework and practicum during this time. However, a Cuban trained psychologist would not meet educational requirements for licensure in the United States.

The effect of the U.S. embargo on Cuba and on health care is significant. While there are some exemptions for medicines in the embargo, the reality is that the lack of dollars to pay for equipment makes it nearly impossible for U.S. medicines and health equipment to get into Cuba. Colleagues who went to an oncology institute learned that for some prosthetics, the pieces required to adjust the prosthetics are from the United States and are unavailable in Cuba; as a result, larger amputations are done.

In sum, I learned the Cuban health care system has a lot to offer Division 54 members regarding the role of psychology in mental health. Their prevention efforts, particularly maternal child health interventions, have been successful in reducing infant mortality. APA will likely coordinate future trips to Cuba, and I encourage those of you who are curious to go to Cuba, meet some friendly psychologists, and consider developing collaborations with them.

References


The 2015 APA Annual Convention will be held in Toronto, Canada from August 6 – 9. We invite Division 54 members to attend and enjoy the new collaborative programming that brings together experts across APA divisions to address cross-cutting issues in psychology.

Div. 54 is involved in six collaborative programs, accepted through an APA competitive review process, including: Mental Health and Wellness in LGBTQ Youths and Young Adults; Best Practices in Longitudinal Data Analysis: Making Complex Theory Accessible; Integrated Primary Care for At-Risk Children: NICU Follow-up and Foster Care; From Research to Practice to Public Consumption: The Role of Psychology in Disseminating Psychology; A Quantitative Evaluation of New Fatherhood: Implications for Policy and Practice; and Hurting From the Inside Out: Identity-Based Bullying among Adolescents.

Div. 54 has an exciting program of outstanding symposia, skill-building sessions, and panel discussions selected through Division members’ blind review. Featured programs include: Making a Difference: Moving Child Health Research off the Shelf and into Practice, chaired by Christine Chambers; Translating Basic Behavioral Science into New Interventions to Reduce Pediatric Health Disparities, chaired Sylvie Naar-King; and Development of an Evidence-Based IOP Program for Pediatric Eating Disorders in the Medical Setting, chaired by Kelsey Latimer. Continuing Education credits will be offered for selected presentations – stay tuned for details. We will also host a poster session to showcase innovative research.

Div. 54 programming provides numerous opportunities for student involvement and mentoring. We will host a paper session entitled, Outstanding Student Research in Pediatric Psychology, highlighting student research that was highly rated by our panel of reviewers. Also, back by popular demand, we have organized a speed mentoring event for students and trainees. Additionally, we will partner with Division 53 for a joint social hour and the annual “Internships/Postdoctoral Fellowships on Parade” event. These events allow opportunities for trainees and professionals to network, socialize, and gather information relevant to research and clinical practice.

We hope you join us for an outstanding convention in Toronto. Look for a full schedule in the next issue of Progress Notes.
**Journal of Pediatric Psychology Highlights**

By Grayson N. Holmbeck, Ph.D.

**2014 Review**

I am pleased to report that there were 310 papers submitted for publication in 2014! We published two special issues: “Quantitative Methodologies” (guest edited by Bryan Karazsia and Kris Berlin, issue 2) and “Evidence-Based Interventions in Pediatric Psychology” (guest edited by Tonya Palermo, issue 8). The latter was published simultaneously with a related special issue in *Clinical Practice in Pediatric Psychology (CPPP)* guest edited by Bryan D. Carter. In issue 9, we included a special section on “Training in Pediatric Psychology.” In total, we published: 14 systematic reviews, one “Pioneers in Pediatric Psychology” paper, two topical reviews, eight commentaries, 10 reviews of statistical methods, six awards papers, and 60 regular articles.

Two special issues will appear early in 2015: “Direct Observation Research in Pediatric Psychology” (guest edited by Tim Wysocki, issue 1) and “Peer Relations in Youth with Chronic Illness” (guest co-edited by Vicki Helgeson and Grayson Holmbeck, issue 3).

We recently passed deadlines for two other special issues: “Resilience in Youth with Chronic Illnesses or Developmental Disabilities and their Families” (guest edited by Marisa Hilliard, Korey Hood, Laura Nabors, and Elizabeth McQuaid), and “Trauma and Child Health” (guest edited by Annette La Greca, Jonathan Comer, and Betty Lai).

**2015 Special Issues and Deadlines**

**Diversity and Health Disparities** Deadline: Feb. 1, 2015; guest edited by Celia Lescano, Daphne Koinis-Mitchell, and Elizabeth McQuaid.

**Cost-Effectiveness and Economic Impact of Pediatric Psychology Intervention** Deadline: May 1, 2015; guest edited by David Janicke and Kevin Hommel.

**Sleep in Pediatric and Developmental Conditions** Deadline: Letter of Intent due April 1, 2015; Manuscript submissions due August 1, 2015; guest edited by: Dean W. Beebe, Carolyn E. Ievers-Landis, and Lisa J. Meltzer. This special issue will be published in conjunction with special issues on the same topic in CPPP and *Journal of Developmental and Behavioral Pediatrics*.

**Disorders of Sex Development** Deadline: September 1, 2015; guest edited by: David E. Sandburg, Nina Callens, and Vickie Pasterski.

**Family Processes and Outcomes** Deadline: December 1, 2015; guest edited by: Cynthia Gerhardt, Cynthia Berg, Deborah Wiebe, and Grayson Holmbeck.

**Psychology in Primary Care** Deadline: December 1, 2015; guest edited by John Lavigne.

We have a new ongoing *JPP* series: “Historical Analysis in Pediatric Psychology” with two papers in press. This is a special series devoted to the history of pediatric psychology. Authors interested in submitting a paper for this series can contact the *JPP* editor to discuss potential papers prior to submission. There is no deadline for these papers.

As always, I want to thank the associate editors for their remarkable work (Dean Beebe, John Lavigne, Tonya Palermo, Lori Stark, Ric Steele, and Tim Wysocki) and Susan Wood for her excellent work as the journal’s editorial assistant.

For any type of manuscript, the Instructions to Authors can be found at www.oxfordjournals.org/our_journals/jpepsy/for_authors/index.html and papers can be submitted at http://mc.manuscriptcentral.com/jpepsy. If you have feedback or questions, contact me at gholmbe@luc.edu.

**Clinical Practice in Pediatric Psychology Area of Focus**

By Jennifer Shroff Pendley Ph.D.

Clinical Practice in Pediatric Psychology (CPPP), now entering its third year, continues to grow. This year, we hope to have a greater focus on QI efforts as QI is an effective tool for evaluating and showing the value for the work we do. Look for an upcoming article “Publishing Quality Improvement Work in Clinical Practice in Pediatric Psychology: The ‘Why’ and ‘How To’” authored by Associate Editor Jennifer Schurman, for guidance on publishing such papers.

We also plan a special issue on sleep with Guest Editor Lisa Meltzer. This special issue will be partnered with related special issues in *JPP* and the *Journal of Developmental and Behavioral Pediatrics*. Interested authors should submit a letter of intent by April 1, 2015, to SleepPapers@gmail.com. This letter of intent should include a 300-word (or less) summary of the thrust of the expected submission. Manuscripts will be due August 1, 2015.

Look for our special issue later this year on training competencies with Guest Editor Tonya Palermo. Articles focus on clinical applications of specific training competencies.

We continue to welcome articles focusing on cost effectiveness of our services, integrated care efforts in primary and specialty care clinics, and application of evidence-based treatments in clinical settings and/or with diverse populations.

APA continues to publicize CPPP through social media (www.facebook.com/APAJournals), e-mail blasts, and more. As always, I would like thank the associate editors and our Editorial Board and reviewers!
Don't Miss the SPP Annual Conference!

New Frontiers in Pediatric Psychology: From Innovation to Application
By Emily M. Fredericks, Ph.D., and Anna Maria Patiño-Fernandez, Ph.D.

SPPAC 2015 Conference Highlights

Thursday, April 16, 8:30 AM to 8:30 PM
Morning Pre-Conference Morning Workshops CE*
- Interactive, Skills-based Grant Writing Workshop: Nuts and Bolts
- Sleep Measurement for Research and Clinical Practice
- Pediatric Primary Care Behavioral Health: Innovation to Application
- Clinical and Research Considerations: Transgender and Gender Non-conforming Children and Adolescents
Afternoon Pre-Conference Afternoon Workshops CE
- Facilitating Elimination: Empirical Approaches to Toilet Training, Enuresis, and Encopresis
- Maladaptive Eating Patterns in Obese Children Assessment and Treatment
- Disseminating Self-Management and Behavioral Interventions into Practice: Recommendations for Researchers and Clinicians

Special Interest Group Meetings
Welcome Reception and Poster Session #1 CE

Friday, April 17, 6:00 AM to 8:30 PM
Physical Activity sponsored by the Obesity SIG (all welcome!)
JPP Editor Meeting/ CCCP Editor Meeting
American Board of Child and Adolescent Psychology Meeting
Poster Session #2 CE
Conference Opening/President Address – Elissa Jelalian, Ph.D.
Keynote Address – Ken Resnicow, Ph.D.CE
International Speaker - Vicki Anderson, Ph.D. CE
Mentoring Lunch for Students and Early-Career Psychologists (pre-registration required)

Concurrent Symposia CE
- Translational Research in Ped Psych: From Animals to Application
- Pediatric Psychology’s Efforts in Bending the Curve: Treating Youth with Medical Complexity Who Are Repeatedly Hospitalized
- Expanding Frontiers of Ped Psych in Perinatal Psychosocial Care
- Innovative Interventions for Children, Adolescents & Young Adults with Hematologic and Oncologic Conditions (SIG Symposium)
Presentation of SPP Awards
Symposium Featuring Outstanding Student Papers CE
- Predictors of Treatment Fidelity in a Translational Adherence Intervention Delivered by Healthcare Providers
- Does it Matter How They Exercise? Patterns of Physical Activity and Health-related Quality of Life
- Patterns of Family Functioning and Conflict and Relations to Glycemic Control and Quality of Life Among Primarily Low-Income Adolescents with Type 1 Diabetes
- Improving Acceptance of Hydroxyurea in Sickle Cell Disease Using an Ethnically Sensitive Revision in Consent Procedure
- Dissemination of evidence-based tools to promote adaptive coping with chronic illness: The Cellie Coping Kit as an Example
- Barriers to Adherence and Family Involvement in a Telephone-Delivered IBD Adherence Promotion Intervention

Poster Session #3 CE
Special Interest Group Meetings
Reception and Poster Session #4 CE

Saturday, April 18, 6:00 AM to 3:30 PM
Physical Activity sponsored by the Obesity SIG (all welcome!)
SIG Chairs Meeting/ American Board of Clinical Child and Adolescent Psychology Informational Meeting
Continental Breakfast/Poster Session #4 CE
Diversity Keynote - Amy Tishelman, Ph.D.CE
Concurrent Symposia CE
- New Developments in Distraction for Medical Procedure Management: Theoretical Foundations, Application, & Evidence Synthesis
- Clinical, Economic Aspects of Integrated Pediatric Primary Practices
- Research Blitz: The Use of Technology with Adolescents
- Research Blitz: Innovation in Pediatric Pain Research
- Anesthesia Exposure and School-Age Neurocognition in Children with Craniosynostosis

Poster Session #5 CE
Lunch and Learn Workshop/CE* Pathways to Leadership
Student Advisory Board Meeting
Concurrent Symposia CE
- Innovations in Pediatric Unintentional Injury Research Symposium
- Intervention, Clinical Research, & Training: Cultural Considerations when Working with Latino Families
- Interventions and e-Health Applications for Children with a Chronic Illness and their Parents
- Innovations in Consultation-Liaison (SIG Symposium)

* The Society of Pediatric Psychology (APA Division 54) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPP maintains responsibility for this program and its content.

*There are 14.5 scheduled hours of introductory- to-intermediate level CEs for psychologists offered at the 2015 SPPAC. Workshops must be registered for separately and are not included in conference registration. Additional CEs are available for those who attend preconference and/or lunch and learn workshops.
**Join Division 54!**

**Membership benefits include:**

- **Subscription to the Journal of Pediatric Psychology and Clinical Practice in Pediatric Psychology**
- **Representation and advocacy for pediatric psychology**
- **Option to join the SPP member listserv, with postings about job openings, discussions of clinical issues, referral requests, etc.**
- **Option to join the SPP student listserv addressing training and early-career issues**
- **Programming specific to pediatric psychology at the annual APA meeting**
- **Subscription to the SPP newsletter, Progress Notes**
- **Opportunities to be involved and volunteer in SPP**
- **Various awards and grants for students and psychologists at all career stages**
- **Opportunity to participate in various Special Interest Groups within SPP**
- **Participation in the SPP mentoring program—as mentee or mentor**
- **Access to online member directory and option to be listed in the directory**

**Vision Statement**
Healthier children, youth, and families.

**Mission statement**
The Society aims to promote the health and psychological well-being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation.

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**Accessing Member Services**

- **Join the listserv** Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
- **Sign off the listserv** Send an e-mail to: listserv@lists.apa.org. Leave subject line blank and in e-mail, type “signoff div54-members” (without quotes).
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