Dr. Briggs will present on the latest science to incorporate biomarker measurement in pediatric primary care, bringing precision medicine, long restricted to fields like oncology and endocrinology, to integrated behavioral health in pediatric primary care. The use of biomarkers to measure the effects of exposure to toxic stress in infants and toddlers will be presented within the context of the risk-stratified HealthySteps program, as both a tool to help determine which families might benefit most from the more intensive levels of service, and to predict with confidence when the intervention has been successful.

Based on the content of this talk, participants will be able to:

- Describe the rationale for a prevention focus in psychology
- Explain the HealthySteps model
- Assess the feasibility and purpose of the use of biomarkers to identify individual exposure to toxic stress

Target Learner Level: Intermediate to Advanced

Plenary Speaker: Rahill Briggs, PsyD

Rahil D. Briggs, PsyD, is National Director of HealthySteps. In this role, she is responsible for all aspects of the program’s operations, financial sustainability, evaluation and research, policy, model enhancements, and professional development and training. She comes to this role after a successful career at Montefiore Health System in New York, where she grew the HealthySteps footprint from one to 21 practices, serving over 30,000 children annually. The Montefiore HealthySteps model informed the roll out of HealthySteps throughout New York State. Additionally, Dr. Briggs is the founder and former director of Pediatric Behavioral Health Services at Montefiore Medical Group, one of the largest integrated pediatric behavioral health services in the nation. Dr. Briggs is the editor of Integrated Early Childhood Behavioral Health in Primary Care: A Guide to Implementation and Evaluation, published by Springer (2016) and the recipient of the 2018 Healthcare Delivery Award from the Academic Pediatric Association. She is Associate Professor of Pediatrics, Psychiatry and Behavioral Sciences at Albert Einstein College of Medicine. Briggs completed her undergraduate work at Duke University (magna cum laude) and her doctoral work at New York University.

COI Statement: No conflicts

Session Date/Time: Friday, March 20, 2020; 10:15 – 11:15 a.m.